

DIABETIC KETOACIDOSIS (DKA)

Admit to Dr.: _____ Diagnosis: _____

Observation for: _____

Condition: Stable Critical

Diet: NPO Diabetic _____ calories ADA Other: _____

Allergies: Drugs _____ / Response _____
 Food _____ / Response _____

Code Status: Full Code See DNR Form

Activity: Bedrest Bathroom privileges As tolerated

Accurate Hourly Input and Output

I.V. Fluids: Normal Saline Rate: _____ mL/hour
 1/2 Normal Saline
 D5 1/2 Normal Saline

Potassium: No supplement 20 meq KCl per liter of IV fluid 40 meq KCl per liter of IV fluid

**Make sure the patient has a urinary output.*

Sodium Bicarbonate: 100 mEq (2 amp) in 500 mL Normal Saline over one hour

**Only if pH less than 7.1 and there is evidence of decreased myocardial contractility and low perfusion.*

** Should be used if the patient is hyperkalemic.*

Accuchecks: Every 1 hour Every 2 hours Other _____

Insulin: Regular, Intravenous
 15 units I.V. bolus (optional)
 0.1 unit Kg/hour (adjust to a rate of drop in glucose levels – 150 mg/hour)

**If the rate of glucose drop is slow, double the rate of the insulin drip.*

When glucose is greater than 250 **and** acidosis resolved (HC03 greater than 18 **or** normal anion gap)

- Change IVF to D 1/2 Normal Saline at _____ mL/hour
 - 20 mEq KCL/liter 40 mEq KCl/liter No KCl
- Give Regular Human Insulin 10 units subcutaneously stat
- Discontinue insulin drip 1-2 hours after the subcutaneous insulin dose
- Change Accucheck to every 2 hours
- Sliding scale insulin protocol (see protocol)

Diet: Keep NPO Diabetic _____ calorie ADA Other: _____

Insulin:
 Human NPH _____ units subcutaneously every am
 Human NPH _____ units subcutaneously every pm
 Lantus _____ units subcutaneously every _____

Signature _____ Date _____ Time _____

PROHIBITED ABBREVIATION	REQUIRED TERM	PROHIBITED ABBREVIATION	REQUIRED TERM
ug	Write Microgram	1.0	Write 1. Do not use zero after decimal point
qd, q.d.	Write Daily	Zero after decimal point	
qod	Write Every Other Day or Every 48 hrs	MS	Write Morphine
U or u	Write Units	MgSO4, MSO4	Write Magnesium sulfate or Morphine sulfate
.5	Write 0.5 - make sure you use preceding 0	IU	Write International units
No zero before decimal point		OS, OD, OU	Write Left or right eye or both eyes
		AS, AD, AU	Write Left or right ear or both ears



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PATIENT LABEL