

DVT Prophylaxis for General Medical and General Surgical Patients

SUGGESTED RISK ASSESSMENT

Surgical patients are at **Very High Risk** if more than one risk factor present.

Risk factors include:

- Cancer
- Stroke or paralysis
- Inflammatory Bowel Disease
- Bed rest
- Previous PE or DVT
- Nephrotic Syndrome
- Heart Failure
- Trauma
- Pregnancy or estrogen use
- Severe lung disease
- Obesity
- Hypercoagulable states such as factor V Leiden
- ICU patients
- Indwelling venous catheter
- Age greater than 40

General Medical Patients without risk factors for DVT (cancer, bedrest, heart failure, severe lung disease)

General Medical Patients with risk factors for DVT:

- Heparin 5000 units SQ BID

Low Risk Surgical Patients:

- Early ambulation

Moderate Risk General Surgical Patients:

- Heparin 5000 units SQ BID

OR

- Intermittent pneumatic compression devices

WITH or WITHOUT

- Thigh high elastic stockings

	Less than 40 years		40-60 years		Greater than 60 years	
	Without Risk Factors	With Risk Factors	Without Risk Factors	With Risk Factors	Without Risk Factors	With Risk Factors
Minor Surgery (Less than 30 minutes)	L	M	M	H	H	H
Major Surgery (Greater than 30 minutes)	M	H	H	H	H	H

L = Low Risk M = Moderate Risk H = High Risk Table modified from Chest 2001 Guidelines

High Risk General Surgical Patients:

- Intermittent pneumatic compression devices
- Heparin 5000 units SQ BID if weight less than 50 kg

OR

- Heparin 5000 units SQ TID if weight greater than 50 kg

WITH or WITHOUT

- Thigh high elastic stockings

Very High Risk Surgical Patients:

- Intermittent pneumatic compression devices
- Thigh high elastic stockings

AND

- Heparin 5000 units SQ BID if weight less than 50 kg

OR

- Heparin 5000 units SQ TID if weight greater than 50 kg

Signature _____ Date _____ Time _____

PROHIBITED ABBREVIATION	REQUIRED TERM	PROHIBITED ABBREVIATION	REQUIRED TERM
ug	Write Microgram	1.0	Write 1. Do not use zero after decimal point
qd, q.d.	Write Daily	Zero after decimal point	
qod	Write Every Other Day or Every 48 hrs	MS	Write Morphine
U or u	Write Units	MgSO ₄ , MSO ₄	Write Magnesium sulfate or Morphine sulfate
.5	Write 0.5 - make sure you use preceding 0	IU	Write International units
No zero before decimal point		OS, OD, OU	Write Left or right eye or both eyes
		AS, AD, AU	Write Left or right ear or both ears



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