

INSULIN PUMP START – SALINE RUN VISIT

Name: _____ M.D.: _____ Date: _____

Review of pump – Patient is able to:

- Batteries – insert and describe correct storage of
- Buttons – state basic functions
- Screens
 - > Explain all screens
 - > Sets basal rate(s)
- > Set time
- > Describe all alarms

Discussed Pump doses – Patient is able to:

- > Explain basal rates and state their own basal profile
- > Verbalize the meaning of meal/snack bolus and state their own I/C ratio
- > Verbalize the meaning of a high BG bolus
- Patient demonstrates ability to determine accurate boluses for pump from examples given
- Patient instructed to use I:Carb and SF to determine hypothetical boluses during saline run and to bring written records to next visit

Infusion Sets – Patient Demonstrates:

- > Proper technique when lubricating syringe, filling syringe, and eliminate air
- > Proper placement of syringe in pump and priming set

Infusion Set Insertion – Patient is able to:

- > Describe appropriate site selection/rotation
- > Describe appropriate skin care and preparation; sterile dressings
- > Describe what to look for – redness, soreness, tenderness
- > Patient demonstrated correct technique inserting set and filling “empty space after removing needle”
- > Patient instructed to change set every 2 days during saline run for practice

Reviewed Pump Care – Patient is able to:

- Describe proper technique for disconnecting from pump for short-term
- Describe how to wear pump day/night

For Insulin Start:

- Patient instructed to bring insulin, infusion sets
- Patient instructed on any insulin adjustments prior to next appointment

Insulin (pre-pump): _____ - _____ - _____ - _____ Basal Rate(s):

TDD (pre-pump): _____

Assessment/Plan: _____ I:Carb: _____ Correct to: _____
SF/Correction: _____

Pump Trainer Signature _____ Date _____ F/U _____ Physician Signature _____ Date _____ F/U _____

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MR.JDCIPSSALRUN

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PATIENT LABEL