

Joslin Diabetes Center Affiliate
at St. Vincent Charity Hospital
2351 East 22nd Street
Cleveland, Ohio 44115

RE: _____

ID: _____

Dear Doctor

Your patient, _____, has requested that the Joslin Diabetes Center assist him/her in intensifying his/her diabetes control with the use of an insulin pump. Studies have demonstrated that good control of diabetes can prevent or delay the chronic complications of diabetes. However, these studies have also shown that tightening blood glucose control can worsen existing diabetic retinopathy. It is recommended that "if retinopathy is at or past the moderate nonproliferative stage...ophthalmologic monitoring before initiation of intensive treatment and at three-month intervals for six to twelve months thereafter seems appropriate." Also, if "retinopathy is already approaching the high-risk stage, it may be prudent to delay the initiation of intensive treatment until photocoagulation can be completed, particularly if the hemoglobin A1C is high." (**Early Worsening of Diabetic Retinopathy in the Diabetes Control and Complications Trial.** The Diabetes Control and Complications Trial Research Group, *Archives of Ophthalmology* 1998; 116:874-886.)

If you do not see any contraindication to your patient initiating pump therapy based on his/her most recent eye exam, please sign and return.

Sincerely,

Pump Trainer Signature

MD Signature

Date

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JOSLIN DIABETES CENTER AFFILIATE at St. Vincent Charity Hospital
Phone: 216-363-3301 Fax: 216-363-3304



ST. VINCENT CHARITY
MEDICAL CENTER

2351 EAST 22ND STREET
CLEVELAND, OH 44115
stvincentcharity.com

A Ministry of the Sisters of Charity Health System



MR.JDCLETTER

SVPOD-123 (1/05)

PATIENT LABEL